

**F. JOHN SHERWOOD, LPC, LMFT**  
**9480 Huebner Rd., Suite 210**  
**SAN ANTONIO, TEXAS 78240**  
**(210) 614-9595**

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**2001–PRESENT, PRIVATE PRACTICE.** Counseling for couples and families in high conflict situations including but not limited to: marriage and couples counseling; domestic violence; alcohol and drug abuse; parenting and co-parenting issues; custody and visitation evaluations; reports of child abuse and sexual molestation. Therapeutic teaching approaches for individuals and families to develop speaking and listening skills in the interest communicating emotional needs to manage effectively and resolve emotional suffering and intense family conflict. Cognitive and Behavioral approaches in Individual, Family and Group therapy to achieve specified treatment goals. For Children and Teens at Risk: Counseling for parent-child conflicts, sub-standard academic performance, substance abuse, sexual acting-out, family violence, post-divorce adjustment and counseling for depression and anxiety related to emotional losses and injuries, all in the interest of child and family safety and in building Positive Self-Images to promote positive psychological growth and development. Parenting and Communication Skills for parents to achieve desired behavioral and academic results. Familiar with court and legal processes and presents ‘Expert-Witness’ testimony’ as needed.

**1999–2002, DIRECTOR, CHEMICAL DEPENDENCY UNIT, COVENANT & NIX HOSPITALS.** Responsible for the administrative and clinical functions of a 20-bed in-patient unit to support medically supervised detoxification, crisis stabilization, and 12-Step behavioral programming. Designed clinical programs; conducted psychosocial assessments; initiated treatment/discharge plans; and supervised case management functions to insure post-discharge continuity of care. Designed Psycho-education, Process and Relapse Prevention Programs to assist patients and families in identifying loss/injury issues and in building healthy behavioral, cognitive and communicative skills. Presented multi-family groups to reinforce on-going family support, conducted individual and family therapy and supervised discharge planning to insure appropriate medical follow-up and participation in AA/NA programming. Supervised Quality Assurance Programs to meet documentation and state regulatory requirements.

**1985-1999, PRIVATE PRACTICE.** Experience in treating the full-range of Axis I and Axis II psychiatric disorders in child, adolescent and adult populations. Psychodynamic and behavioral treatment approaches in both in-patient and outpatient settings, in order to reach defined objectives. Consulted with physicians and in-patient treatment teams to define treatment goals, treatment plans and established criteria to measure patient progress and compliance. Administered objective and projective psychological batteries with written reports for referring physicians and other requesting agencies in order to document patient history, psychological features, clinical diagnoses, and treatment recommendations. Extensive treatment experience with children/adolescents; parenting, marriage and family issues; substance abuse; divorce mediation; post-divorce adjustment; and child custody issues. Biofeedback as an adjunctive treatment modality for anxiety, stress related disorders, and chronic pain.

**1982-1984, GRADUATE TRAINING, CLINICAL PSYCHOLOGY.** Master of Arts, Clinical Psychology; clinical practica, San Antonio State Hospital and Wilford Hall Medical Center; psychological testing and evaluation; diagnostic formulation; report writing; crisis/therapeutic intervention; group and individual counseling; developing and administering patient management and treatment programs.

**OTHER EXPERIENCE:**

- **ASSISTANT MANAGING DIRECTOR, NATIONAL MEDICAL ENTERPRISES, LONDON, ENGLAND.** Managed and directed Physical and Human Resources Programs. Multi-faceted administrative, logistic and Operational responsibilities to support Saudi Arabian hospital contracts.
- **PERSONNEL STAFF OFFICER, USAF.** U.S., Southeast Asian and European assignments. Coordinated A wide variety of Major Command and Personnel actions and directly supervised the USAF Family Services Program For families of servicemen killed and/or missing-in-action in Vietnam. Directed Public Relations, Logistics and Counseling Programs in support of the Vietnam Repatriation Program. Command and Staff experience in support of Writing and implementing Major Command Programs and Directives. Vietnam Veteran.

**EDUCATION & LICENSURE**

- Master of Arts, Clinical Psychology, 1985, St. Mary’s University, San Antonio, Texas
- Bachelor of Business Administration, 1965, St. Mary’s University, San Antonio, Texas
- Licensed Professional Counselor, (LPC); Licensed Marriage & Family Therapist, (LMFT)
- Communication Workshops for Couples
- Alcohol & Drug Addiction, Recovery Workshops